Name
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## **AP Biology**

Date \_\_\_\_\_

## **REVIEW UNIT 1: BIOCHEMISTRY — "TOP TEN"**

## A. Top "10" — If you learned anything from this unit, you should have learned:

- 1. All living matter made up of CHONPS
- 2. Bonds
  - a. covalent bonds are strong
  - b. hydrogen bonds are weak
  - c. polar molecules (water) vs. non-polar molecules (hydrocarbons, lipids)
  - d. reaction with water (cytoplasm & extracellular solution) vs. cell membrane
    - hydrophobic vs. hydrophilic
- 3. Reactions of life
  - a. dehydration synthesis
    - releases water
    - synthesis: builds covalent bonds
    - anabolic, endergonic
  - b. hydrolysis
    - uses water
    - digestion: break covalent bonds
    - catabolic, exergonic
- 4. Water
  - a. polar molecule leads to special properties
    - cohesion, adhesion == transpiration
    - high specific heat == evaporative cooling. moderates local temperatures
    - less dense as solid == sustain life in frozen ponds & lakes
    - good solvent == water-based cellular fluids
- 5. Macromolecules
  - a. carbohydrates
    - sugar monomer
    - short term energy, structure
    - examples: glucose, starch, cellulose, chitin
  - b. lipids
    - phospholipids (cell membrane)
    - energy storage (fat, oils)
    - steroid hormones

- examples: phospholipids, fat, cholesterol, testosterone, estrogen
- c. proteins (amino acids)
  - amino acid monomer
  - 4 levels of structure
  - bonding at each level: covalent, H bonds, hydrophobic interactions, van der Waals forces, ionic bonds, disulfide (covalent) bridges
  - many functions: enzymes, structure, regulatory molecules
  - examples: pepsin, myosin, actin, hemoglobin, insulin, ATP synthase, aquaporin
- d. nucleic acids
  - nucleotide monomers
  - genetic information storage
  - examples: DNA, RNA